

Loma Linda University School of Medicine

Procedure Following Occupational Exposure to Blood/Body Fluids

If you are exposed to another person's blood or body fluid (e.g. through a needlestick injury or mucous membrane splash) take the following steps:

1. Remove the soiled clothing; flush mucous membranes, rinse then wash the exposed area with soap and water.
2. Notify attending physician, resident, or site coordinator.
2. Obtain the name of the source patient and a full description of the offending device. Include size, gauge, length, model and manufacturer.
4. At LLUMC, report to the LLUMC Emergency Department for evaluation and treatment. (If the exposure occurs at an off campus site, present to the designated department at that site). It is vital that this be done in a timely manner.

During this visit to the designated department for immediate intervention the following will occur:

- A risk assessment will be performed. This assessment will evaluate the type of exposure that you have received and the benefits of treatment. Baseline blood testing will be performed.
 - You will be given instruction in the procedures to be followed. If the patient's status is not known, hospital personnel will ask the patient for consent for HIV testing. You should not ask the patient for this consent or information yourself.
 - Information will be provided to assist you in making an informed decision regarding post exposure prophylaxis.
 - Vaccinations will be updated as necessary.
5. If the exposure occurs while you are at an off campus site (including the VA, Riverside County, etc.), follow steps 1-3 above and then report to the location designated by that site for post-exposure assessment and treatment. Locations and telephone numbers for some frequently used off campus sites are:
- Riverside County Regional Medical Center, Occupational Health & Wellness, telephone number (951) 486-4546 or, after hours report to the Emergency Room;
 - Jerry L. Pettis VA Medical Center, Emergency Room, telephone number (909) 825-7084, ext 2114;
 - Glendale Adventist Medical Center, Employee Health Service, (818) 409-8160, after hours report to the Emergency Room;
 - White Memorial Medical Center, Employee Health Services, telephone number (323) 268-5000 ext. 1460.

(Note: telephone numbers may be subject to change.)
